

**Randeep S. Kahlon, M.D., FAAOS**

First State Orthopaedics. P.A.  
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**EDUCATION***Sports Medicine Fellowship 1999*

The Cleveland Clinic Foundation  
Cleveland Indians Baseball Club  
Lutheran Hospital/Dept. of Orthopaedic Surgery  
Cleveland, OH

*Hand & Upper Extremity Fellowship  
1998 - 1999*

The Cleveland Combined Hand/Upper Extremity  
The Cleveland Clinic Foundation, Case Western Reserve  
University Hospitals & MetroHealth Medical Ctr. The  
Hand and Upper Extremity Center of Cleveland,  
Cleveland, OH

*Orthopaedic Surgery Residency  
1994 - 1998*

Albert Einstein College of Medicine  
Montefiore Medical Center/Jacobi Hospital Trauma Center  
Department of Orthopaedic Surgery  
New York, NY

*General Surgery Internship  
1993 - 1994*

Albert Einstein College of Medicine  
Montefiore Medical Center/Jacobi Hospital Trauma Center  
Department of General Surgery  
New York, NY

*Medical School 1989 - 1993*

New Jersey Medical School  
University of Medicine and Dentistry of New Jersey  
(UMDNJ), Seven-year BA/MD honors medical program  
Newark, NJ, M.D. 1993

*Undergraduate 1986 - 1990*

Boston University  
Seven-year BA/MD honors medical program  
Boston MA, B.A., 1990

*High School 1982 - 1986*

Lenape Regional High School, Medford, NJ  
Garden State Honors Scholar, HS diploma, 1986

## HONORS

### *Undergraduate*

Seven-year BA/MD honors medical program, BU/NJMS  
Combined Degree Program.

### *Graduate*

Best Paper Award, "Fibula Fracture Fixation with  
an Intramedullary Rod" (Co-author, 1992 Annual Meeting of  
UMDNJ Orthopaedics Alumni Association, May 1992)

Honors National Student Designee, American College of  
Surgeons, (78<sup>th</sup> Clinical Congress New Orleans, 1992)

President - NJMS Student Council 1992

Convocation speaker for Class of 1993 -  
1992 NJMS Convocation,, May 1992

Presidential Leadership Award, NJMS Student Council,  
May 1992

Medical Alumni Scholarship, NJMS Alumni Association 1992

GL Kosdan Memorial Scholarship, NJMS Alumni Association  
1991

Summer Student Research Fellowship 1990,  
Foundation of UMDNJ

### *Post Graduate*

Corinthian Society, Charter Member Sigma Phi Epsilon  
Educational Foundation, 1996

Chief Administrative Resident, Jacobi Hospital Trauma  
Center, 1998

Physician's Recognition Award, AMA

- 1996 - 1998
- 1998 - 2001
- 2001 - 2003

Delaware's Young Surgeon 2003, Delaware Chapter,  
American College of Surgeons, Leadership Program,  
Washington, DC

Annual Young Physician Award 2005,  
Medical Society of Delaware

### **RESEARCH PUBLICATIONS**

Bano K, Kahlon RS: Advanced Techniques in Rehabilitation and Surgical Management of Radial Head Fractures. *Journal of Hand Therapy*, (Publication date pending)

Plancher KD, Kahlon RS: The Diagnosis and Treatment of Congenital Thumb Hypoplasia. *Hand Clin* 14:101-118, 1998.

Kahlon RS, Keller S: The Psychology of Adolescents at Risk for AIDS. *UMDNJ 1989 Student Research Program Report of Accomplishment*, Summer 1989.

Kahlon RS, Greene B, Rao JP, Waite A: Fibula Fracture Fixation with an Intramedullary Rod. *UMDNJ 1990 Student Research Program of Accomplishment*, Summer 1990.

### **RESEARCH PRESENTATIONS**

"Functional outcome and Natural History after Complete Knee Dislocation: A 13 year Follow-up Study" Kahlon RS, Plancher KD, Siliski J: presented at 1997 Selznick Memorial Research Award Day, June 1997, Albert Einstein College of Medicine & Montefiore Medical Center, New York, NY

"Fibula Fracture Fixation with an Intramedullary Rod" Greene B, Rao JP, Kahlon RS, Waite A.: presented at 1992 Annual Meeting of the UMDNJ Orthopaedics Alumni Association, awarded Best Paper Award, May 1992, UMDNJ - New Jersey Medical School, Newark, NJ

### **POSITIONS HELD**

#### **Christiana Care**

- Associate Director, Orthopaedic Trauma Service, Level 1 Trauma Center

#### **American College of Surgeons (ACS)**

- Board of Councilors, State
- Chairman, Young Surgeons Committee

#### **Medical Society of Delaware (MSD)**

- Delegate, House of Delegates - Representing both New Castle Medical Society and ACS.
- Public Laws Committee
- MSD Holding Company, Board Member

**POSITIONS HELD, cont.**

Delaware Association of Physicians of Indian Origin (DAPI)

- Executive Board

University of Delaware

- Adjunct Associate Clinical Professor

DelPAC

- Board of Directors

Delaware Society of Orthopaedic Surgeons (DSOS)

- Executive Board

**LICENSURE/BOARD CERTIFICATION**

New York	Medical	Voluntary Inactive
Michigan	Medical	Active
Michigan	Narcotics	Active
Ohio	Medical	Voluntary Inactive
Delaware	Medical	Active
Delaware	CDS	Active
DEA		Active
Medicare UPIN		Active

Board Certified

American Board of Orthopaedic Surgery  
(Certified July 18, 2002)

Fellow

American Academy of Orthopaedic Surgeons  
(Conferred March 2004)

American College of Surgeons  
(Pending 2005)

**EMPLOYMENT**

1/00 - Present

**First State Orthopaedics, PA**  
Newark, DE  
Attending Surgeon

10/99 - 10/02

**Zimmer Medical & Bristol-Myers Squibb Co**  
Warsaw, IN  
Consultant, Orthopaedic Surgery Medical Education  
Department of Medical Education

### CURRENT HOSPITAL/SURGERY CENTER PRIVILEGES

Christiana Care Health Services, Newark, DE,  
 • Associate Director Orthopaedic Trauma Service, Christiana Care  
 Level I Trauma Center  
 St. Francis Hospital, Wilmington, DE  
 A.I. duPont Children's Hospital, Wilmington, DE (Consulting)  
 Limestone Ambulatory Surgery Center, Wilmington, DE  
 First State Surgery Center, Newark, DE  
 • Committee on Quality Control

### SOCIETIES/ORGANIZATIONS

American Academy of Orthopaedic Surgeons	Associate, 1994 - 2003 Fellow, 2004 - Current
American College of Surgeons	Candidate member, 1994 - 00 Associate Fellow 2000 - 2003 Fellow, 2004 - Current
Orthopaedic Trauma Association	2004 (Pending)
American Society for Surgery of The Hand	2003 - Current
Arthroscopy Association of North America	2003 - Current
American Board of Orthopaedic Surgery	Diplomate, 2002 - Current
American Association For Physicians of Indian Origin	2001 - Current
American Orthopaedic Society For Sports Medicine	2001 - Current
Eastern Orthopaedic Society	2001 - Current
Philadelphia Hand Club	2001 - Current
American College of Sports Medicine	2000 - Current
Delaware Society of Orthopaedic Surgeons	2000 - Current
New Castle County Medical Society	2000 - Current
Medical Society of Delaware	2000 - Current
Ohio State Medical Association	1999 - 2000
Northeastern Ohio Medical Association	1999 - 2000
American Medical Association	Resident Physicians Sec., 1993 - 95 Physician member 1999 - Current
Cleveland Combined Hand Society	1998 - Current
Academy Medical Students Association	1989 - 1993
Bronx County Medical Society	1997 - 1998
Medical Society of New York	1997 - 1998
NJMS Cutthroats Hockey Team	Captain 1991-93
Sigma Phi Epsilon Fraternity - Boston U.	Charter member Executive Board 1987-89

### **SPORTS COVERAGE**

#### **Wilmington College, New Castle, DE**

- NCAA Division III Team
- Team Orthopedic Surgeon, 2000 - Current

#### **Goldey Beacom College, Hockessin, DE**

- NAIA Team
- Team Orthopedic Surgeon, 2000 - Current

#### **University of Delaware, Newark, DE**

- Ice Hockey
- Team Orthopedic Surgeon, 2001 - 2003

#### **Tower Hill School, Wilmington, DE**

- Football Team
- Assoc. Team Orthopedic Surgeon, 2003 - Current

#### **Cleveland Indians Professional Baseball Club, Cleveland OH**

##### **Major League Baseball - American League**

- Associate Team Physician 1999
- Lutheran Hosp./Horizon Orthopedics/L Keppler MD & M Schickendantz MD

#### **Lehman College Basketball, Bronx, NY**

- NCAA Division III
- On-field physician 1994 - 97  
Plancher Hand & Sports Medicine Orthopedic Associates/K Plancher, MD

#### **Bronx High School League Football**

- On-Field Physician 1994 - 1997  
Montefiore Medical Center/Albert Einstein College of Medicine

### **COMMUNITY SERVICE**

#### **Hockessin Chase Maintenance Corporation**

- Vice President, 2002 - 2003
- Communications Director, 2003

#### **American Heart Association**

- Community Board of Directors, 2003 - 2004
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#### **Sikh Center of Delaware**

- Volunteer, 2002 - Current
- Treasurer, 2005 - 2006
- Chairman., Board of Trustees, 2005 - 2006

#### **Cricket For Cancer 2004**

- Volunteer